

**PRESIDENT'S SUGGESTION**  
**Shep Myers, PhD, LP**

### **AVOIDING THE TECHNIQUE TRAP**

Many of the patients I see have seemingly done all the "right things" yet have not improved. I'm sure you have encountered this phenomenon in your practice, or possibly in yourself.

Such patients often are referred with the underlying desperate assumption that hypnosis, or in my case, the Pain Management Clinic, is the "last resort." For many, the previous focus of treatment has been exclusively on a medical approach. Although very well-intentioned, a method focused mostly on medications or related interventions often fails to address contributing factors, thus providing only partial or temporary relief and may inadvertently foster the belief that someone or something can "fix" the client's problem.

Many have tried physical therapy or complementary approaches, often providing a long list of partially successful or failed strategies. For example: a stretching routine which was not regularly practiced or made the pain worse; relaxation or biofeedback which worked well in the office but was drowned out by intense pain or anxiety after the session; or yoga or acupuncture which provided temporary or mild improvement. When we feel that we have made our best effort and still are suffering, a sense of helplessness and hopelessness sets in, causing depression which functions as an additional barrier to treatment.

I often feel these patients' sense of desperation, which I may experience as a longing or anxiety to come up with something extraordinary to overcome their hopelessness. Our mutual anxiety will be one

# **I M A G E S**

obstacle to overcome, but at least I know that I have to come up with a different approach.

The overriding obstacle in these cases is often that previous approaches were a series of interventions or "techniques" which failed to address the cycles or patterns maintaining the symptoms. A successful approach needs to be comprehensive, healing the key interacting factors which are maintaining the condition.

Unfortunately, I have seen many marvelous methods fail because they are implemented as isolated techniques. Hypnosis can easily fall into this trap; patients may believe that the power of the hypnotist will fix them, or that hypnosis is just another "technique" in the long list of approaches which have been tried. The patients may assume that their responsibility is to attend several sessions or listen to a hypnosis CD and their eating or smoking will improve, or their pain or depression will abate. I do not like the odds when it's me against their suffering – it gives me a headache. I experience their pain as contagious, though I may have more empathy for how overwhelmed and trapped they feel.

I recently saw a patient who said that her alternative provider conveyed that she "should" be better, that acupuncture was administered correctly, implying that the patient was the problem. She felt blamed which ignited feelings of shame.



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## Shep Myers, PhD, LP

From a comprehensive assessment it became clear that her condition was maintained by high levels of arousal from a strong pressure to achieve, fostered by an underlying fear of failure and frustration about her lack of progress, resulting in a cycle of physical tension and automatic dysregulation. It was no surprise that her shame in not improving was exacerbating her pain. It was a complex set of factors interacting as vicious cycles that were to blame but the "bigger picture" had never been conceptualized and targeted.

No singularly administered technique typically has the power to shift this type of ingrained pattern. The goal of treatment is to utilize a variety of methods along with harnessing patient resources to address their complex patterns on the physical, social, and psychological levels. Hypnosis along with many other treatment components can be very effective in helping to shift these

cycles. However, it's the shifting of these patterns that is essential, not the technique.

I rarely see complex medical problems approached using a comprehensive method. Yet when the big picture is visualized and discussed, and is addressed by breaking down the process of healing to small achievable goals, both patients and providers can begin to relax as hope emerges, especially as progress is experienced.

So how can you avoid the technique trap? To begin, I'm sure that a part of you knows how to accomplish this objective, and that you have done so numerous times. Assessing and treating the interacting key factors is how I approach this endeavor, with hypnosis introduced as one of the possible methods to create healing cycles. I attempt to hold the "bigger picture" as the focus, knowing that several factors need to be addressed for healing to occur, and that the

methods are less important than the process. I attempt to hold patients responsible for their recovery, giving them the power rather than attributing change to the technique or provider. I tend to use hypnotic methods and language targeted to alter the patterns. For example, "As you learn to relax, lowering the tension in your muscles, and calming your nervous system, a different process will emerge, a process of healing and calming, maintaining a state of progress and healing, a process that you are creating."

Patients are often tearful as they are told that they are not to blame, that they have tried the best they can. When a comprehensive approach is introduced most patients seem understanding and motivated. They also seem more amenable to hypnosis, partly because the pressure to be a "good subject" has been lowered. The pressure to come up with the miraculous hypnotic suggestion is also off. Relief starts here.

Speaking of comprehensive, we have another great series of workshops scheduled for the 2012-2013 year. The theme is back to basics – utilization, meaning discussion of the Ericksonian concept of utilization and methods of utilization in several contexts. They include:

- Chris Baldwin, PsyD presenting on energy psychology in September.
- The Rosenthal Retreat on October 7<sup>th</sup> will feature Howard Hall, Ph.D. presenting on Sufism, Science, and Spiritual Healing. Dr. Hall is an extremely engaging and talented teacher and story teller who has the gift of integrating science, spirituality, and clinical wisdom.

- Mark Weisberg, PhD. and Suzanne Candell, Ph.D. presenting on treatment design in November.
- David Alter, Ph.D. and myself presenting on utilization of resistance in January, a topic we hope will be irresistible.
- Andy Barnes, M.D., Dan Kohen, M.D., and Kate Pfaffinger, Ph.D. presenting on utilization with children in February.
- There will be a workshop in March on Mindfulness, and we will again be holding a workshop in Rochester, MN in April.
- The speaker for the annual Workshop in June will be **Elvira V. Lang, MD, FSIR, FSCEH** former Associate Professor Harvard Medical School. See News of

Note for more information.

- MSCH will again be cosponsoring Introductory, Intermediate, and Advanced workshops on Pediatric Hypnosis with the National Pediatric Hypnosis Training Institute and the Department of Pediatrics at the U of MN on September 20 - 22, which is a great opportunity if you work with, or have an interest in working with children.

I sincerely hope you take advantage of as many of these innovative workshops as you can.



Shep Myers

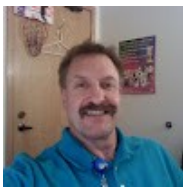
## NEWS OF NOTE

### SAVE THE DATES FOR 42nd Annual Workshops - JUNE 6-8, 2013 with guest FACULTY:

**Elvira V. Lang, MD, FSIR, FSCEH** former Associate Professor Harvard Medical School. Founder & President, Hypnalgescics, LLC [www.hypnalgescics.com](http://www.hypnalgescics.com). Dr. Elvira Lang, is a pioneer and leading world expert in the use of hypnosis during medical procedures. In fact, she literally "wrote the book" on the subject. **Patient Sedation Without Medication** draws on Dr. Lang's nearly two decades of seminal research and field experience serving thousands of patients.

**MEMBERSHIP RENEWAL REMINDER:** Your membership needs to have been renewed in order for you to attend upcoming workshops including the Rosenthal Retreat. Remember that membership runs from July 1 to June 30, in tandem with our fiscal year. Contact Deb Schrobilgen ([schro451@umn.edu](mailto:schro451@umn.edu)) if you need the renewal form resent.

## Our Returning Board Member Reintroduces Himself



### Mark Fastner:

After a year off as a member of the Board, I decided to return. I missed the activity and the connections I make and maintain as part of the Board. I return with more enthusiasm. Being on the board has helped me to hone my skills in hypnotherapy and has given me the opportunity to meet and learn from others how useful hypnosis can be in the helping professions.

I am excited to work again on the web site and social media projects that MSCH has been moving toward so that these forms of media can be useful to the public for accurate education regarding hypnosis and for the members of MSCH to be more in touch with one another.

I am an outpatient therapist for HealthPartners-Regions Hospital and work with the MICD population. When I am not at work I am walking my two Labrador Retrievers, hunting, fishing and rehabbing my boat. My wife and I have two college age children and are getting used to the "empty nest".

### RICHARD (DICK) STUDER RECEIVED THE DANIEL KOHEN OUTSTANDING CLINICIAN AWARD FOR 2012.

Remarks from Delle Jacobs who presented the award to Dick:

"In thinking about Dick, I realized that while some people make a big splash, Dick has a ripple effect, one that keeps going and going. He did this rippling at the agency he has supervised for 14 years, Pathways, in St. Paul. Dick taught his entire treatment team how to do hypnosis and then continued to help them build their skills as well as practicing himself.

Dick served on the MSCH board for seven years in different capacities.

We found out that he is a jazz musician when he left board meetings early to go play gigs. He is quite an avid follower of Michael Yapko and may have been one of the first to make the foray out to San Diego for one of the intensive trainings Yapko offers. Dick did this in his way, meaning, he just went and did it. He does not broadcast his accomplishments. Dick co-taught the September, 2010, Saturday morning follow-up to the Yapko Annual Workshop. Although Dick is a student and teacher as well, he is most known for his longstanding clinical practice of hypnosis."

Congratulations, Dick.



Delle Jacobs presented the Outstanding Clinician Award to Richard (Dick) Studer.



## Review of Rochester Workshop April 28, 2012

Shannon Garrity, PsyD

### PROGRESS IN EVIDENCE-BASED HYPNOTHERAPY: CHRONIC PAIN, ANXIETY, DEPRESSION, IBS, INSOMNIA, AND EDUCATION/PERFORMANCE ENHANCEMENT

(Editor's note: This outreach offering in Rochester was open to non-members and was designed as an introduction to clinical hypnosis for health care providers who have not necessarily been trained in hypnosis. Our hope is that some will go on to pursue training.)

The title, though to the untrained eye may sound redundant, touched on but did not fully elucidate the content and flow of the workshop/seminar.

A brief history of hypnotherapy told the story of what we have all come to realize in this field: true progress and truth are sometimes obfuscated by technological progress and "easier" answers. Hypnotherapy has proven itself to be a valid and reliable intervention for many years; however, there is a paucity of recent research (i.e., newer than ten years) in this hitherto esoteric specialty. The novice quickly learns that the orientation of hypnotherapy aims to impact what therapy in general does: a subjective experience via the suggestion of change in sensation, perception, emotion, thought, and behavior. Beautiful. With a rapport that makes one wonder whether they pledged the same fraternity, the tag-team of quick witted, amiable scientists were



Site of the Rochester Workshop, the Assisi Heights Spirituality Center



Presenters at the Rochester Workshop:  
Shep Myers, PhD, Mark Weisberg, PhD, Al Clavel, MD, and David Wark, PhD.

passionate about their art such that the delivery alone was edifying. The six hour seminar covered what is usually reviewed over four days (or a lifetime of graduate school): history, physiology, psychology, biology, symptom expression and resolution. Each section of the seminar told a story of the origin, utility, process, and end-point of the interventions. Clients are coached to tap their innate resources and healing potential to impact their respective conditions. Learn to hold, attend to, or just be with one's own discomfort? As anti-American as a dislike for apple pie and hot-dogs, but it works; and we need more research to continue to show it. Similar to many psychotherapeutic or medical interventions, hypnotherapy is enigmatic in that the factors impacting its efficacy are not well known, identified, or modulated: client factors, practitioner factors. Although this answerless question floated around the room, experiential exercises invited release from the need to nail down the unknown. Commentary from the crowd included these remarks: "I realized I need to look at my way of practice." "I noticed my back muscles release." "Wow. What would happen if I went deeper...?"

Although in need of more research, hypnotherapy is a valid and reliable intervention for a variety of conditions,

and we now have the technology to support this work. For those who must see to believe, I highly recommend that you to attend the Annual Workshops in Clinical Hypnosis.\*\*

\*\* no really, attend it. You must.\*\*\*

\*\*\* you'd be a fool not to!

Shannon Garrity, Psy.D, LP works with PRIDE Institute and sees individual clients on an outpatient basis. My training is in working with adults struggling with depression, anxiety, personality styles, fitness goals, overall life improvement, addiction or compulsive behavior, coaching, couples therapy, relationship issues, & psychological assessments. I passionately respect individual differences, and my clients are diverse in terms of sexual orientation, ethnicity, & overall background. With a dynamic and integrative approach, I draw from Eastern philosophy with Western psychology. Therapy must address the whole person, addressing psychological, behavioral, emotional, and spiritual aspects of being.

## REVIEW OF THE 41ST ANNUAL

### ADVANCED WORKSHOP

#### WITH MAGGIE PHILLIPS, PhD

Jenna Hobbs, PsyD



Maggie Phillips does a demonstration with volunteer Lea Sherer

#### FINDING THE ENERGY TO HEAL: LEARNING WHAT THE BODY KNOWS

I am pleased to have the opportunity to review Maggie Phillips' presentation at the 41st Annual Workshop in Clinical Hypnosis. Unlike what I had anticipated prior to attending the conference, the nature of some of the topics she addressed came as a surprise to me. My reactions to the content were a bit mixed at times, but I believe I can find a way to weave my various impressions into a relatively coherent response. After all, that seems to be what we as therapists attempt to do on a daily basis!

There were many elements that have been beneficial to incorporate into my practice. Many of the breathing techniques have proven useful already, and I have expanded my repertoire of skills in this regard. Also, Dr. Phillips' conceptualization of the polyvagal system of understanding clients' reactions to trauma was helpful and interesting. I appreciated her description of the SIBAM method of tracking clients' response to trauma, and valued collecting little pearls of clinical wisdom that were interspersed throughout her presentation (such as the "trial and discovery" concept). Additionally, much of the language and phrasing used will be beneficial to work into hypnotic interventions. Overall, she had an interesting and multifaceted understanding of the impacts of trauma, and how we as clinicians can guide our clients toward healing.

In addition to the abovementioned useful aspects, several portions of the material were a little bit difficult for me to digest, despite my self-proclaimed identity as an "open-minded person." I spoke with a number of other attendees during break who discussed having a hard time "buying in" to her discussion of energy psychology and its associated techniques (the validity of the water/dehydration concept was identified as hard to fathom). If more of us in the audience had a better understanding of the energy psychology and its research, it would probably have been easier to mentally connect the seemingly disparate topics into a cohesive clinical framework. Interestingly, as seems to be reflected in a parallel fashion in this review, the topic of hypnosis was not of central focus (although much of her material can be integrated nicely with hypnotic work).

Overall, I felt that attending the MSCH workshop was a constructive experience. Not to mention that the food and service were notably excellent – what a delightful array of treats! Despite some skepticism regarding portions of the content, my practice has benefited from several topics she addressed. I found that there were many worthwhile and usable components throughout the discussion of what was to me, at times, a foreign area of the field. Whether or not I was able to fully grasp and subscribe to the practices of energy psychology may not be entirely relevant for the purpose of this review. I believe that being challenged with concepts outside of our

known realm of experience can encourage us to remain open and to continue evolving both as clinicians and as human beings.

Furthermore (and perhaps most importantly), I met some wonderful people. Making connections can be as valuable a part of belonging to MSCH as the trainings themselves. Attending conferences is an exercise in "trial and discovery." We try to learn as much as we can, and discover that doing so can sometimes challenge us in unexpected ways.

Jenna Hobbs, PsyD

#### About the author:

Jenna Hobbs, PsyD, works with adults and adolescents from a mindful and holistic perspective, emphasizing the relationship of mind, body, and spirit in therapy. She enjoys working creatively to find effective solutions for lasting change in her practice at River City Clinic - St. Paul. She is excited about her new website at [www.drjennahobbs.com](http://www.drjennahobbs.com).



Exchanging business cards.  
Brenda Hartman and Jenna Hobbs.



## REVIEW OF JUNE 2012 INTRODUCTORY WORKSHOP

Jane B.G. Tornatore, Ph.D.

I live and practice in Seattle, the land of 6 gazillion trainings. As a result, I have not had to travel for training since I began practicing seven years ago. I mentioned to my friend and grad-school buddy, Dr. Deborah Simmons, that I was looking for introductory hypnosis training. She metaphorically jumped up and down and said I would LOVE the training in Minnesota. I mentioned my abundance of training opportunities here, and she countered that it was absolutely worth the trip.

She was right.

I was immediately struck with the enthusiasm of the faculty and members of MSCH. Much like Deborah, they all seemed to love hypnosis and its role in their work. One thing I've realized after years of training is that enthusiasm makes learning a lot more fun. It is a long weekend, and the 20 hours were packed. I was engaged almost the entire time, something of a minor feat.

The faculty was experienced and they did a wonderful job getting their information across. The demonstrations brought the material to life. Perhaps the strongest part of the workshop was the small group work with the same people each time. Seeing my progress, and the progress of my group members as the weekend progressed was rewarding. Our feedback to each other became more constructive with each practice session, as our trust in each other grew. Having different trainers lead each session helped me expand my options for how to work with this new tool. Getting the hands on practice right away was invaluable.

And of course the food...the food. The best I've had at a training, period.

Yes, Dr. Debbie, you were right. I will be back.



Discussion after demonstration with volunteer Jane Tornatore and demonstrator Ralph McKinney.

Dr. Jane Tornatore is a therapist in private practice in Seattle, WA. She runs 6-week groups for women over 40 who never had children. She speaks nationally on brain health, and specializes in working with families dealing with dementia. She recently discovered Blues dancing and loves it!



Jane B.G. Tornatore, Ph.D.  
Individual, Family & Group Therapy  
[www.doctortornatore.com](http://www.doctortornatore.com)  
Tel: 206.769.8108



Two of our retiring Board members at the Annual Workshop  
Deborah Simmons and Kate Pfaffinger.



Another demonstration by Maggie Phillips



New and improved bookstore space and offerings at the Annual Workshops.



Faculty Party after the Annual Workshop.  
Faculty Members Mary Freitag and Betsy Boyle on Shep's deck.



## Minnesota Society for Clinical Hypnosis presents A Members Only Workshop

**Saturday September 15, 2012**

**8:30\* am – 12:00 N**

\*Registration is from 8:30-9

**Cost: \$15 | Register at the Door**  
Carondelet Center | 1890 Randolph Avenue | St. Paul, MN 55105

## Learn How to Teach and Use EFT (The Emotional Freedom Technique) with Clients: An In Depth Training and Integration with Hypnotic Suggestions.

**Christine H. Baldwin, Psy.D., LP**

During the MSCH Spring Workshop, Dr. Maggie Phillips, referred to and used EFT many times. Those of you who are not trained in the technique may want to use it, but may be unsure how to proceed. This workshop will provide the tools and practice necessary to begin to implement this form of "Energy Psychology." We will also discuss the use of Hypnosis as an adjunct to "simple EFT"; they are a powerful combination. As time permits, we will review the use of the TAT (Taps Acupressure Technique) and Gallo's Midline Protocol. EFT is based on teaching clients to tap on or hold various acupuncture points for both emotional and physical relief.

### LEARNING OBJECTIVES:

After attending this workshop the participant will know:

1. How to use one of several specific EFT sequences for personal emotional and physical discomfort.
2. How to introduce the subject of energy point tapping to clients.
3. How to teach the technique to clients.
4. How to choose appropriate targets with proper phrasing.
5. How to integrate alert trance suggestions into an EFT protocol.



Chris Baldwin, Psy.D., LP, a MSCH member and psychologist in private practice in St. Paul, will teach this workshop. She has taught clinicians this technique in formal trainings for over ten years and employs the techniques in her practice. She also has extensive training and experience in EMDR and Clinical Hypnosis which she uses regularly with clients.



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

## Pediatric Clinical Hypnosis Skills Workshop

**September 20-22, 2012**  
Minneapolis, MN

**Levels: Introductory, Intermediate &  
Advanced (Individualized Consultation)**

**Faculty:** Our internationally & nationally renowned faculty includes Drs. Karen Olness, Dan Kohen, Leora Kuttner, Pamela Kaiser, Tim Culbert, Laurence Sugarman, and other Master clinician-teachers.

**Details:** September 20-22, 2012. Crowne Plaza Minneapolis West Hotel & Conference Center in Plymouth (Minneapolis suburb). Co-sponsored by the University of Minnesota (Pediatrics Department) & the Minnesota Society of Clinical Hypnosis

**Brochure:** Check out our website: [www.NPHTI.org](http://www.NPHTI.org) to review our 2012 brochure. Please share with your colleagues.

**EARLY REGISTRATION:** Register **now** as our group limits filled very early the past two years. Registration fee also includes 6 incredible meals & hearty refreshments. Plus, the hotel rate is extremely reduced & the foliage may be turning color!

For additional information (including registration), click on the following links:

**Introductory Workshop:** [www.cme.umn.edu/intropedshynosisinfo](http://www.cme.umn.edu/intropedshynosisinfo)

**Intermediate Workshop:** [www.cme.umn.edu/interpedshynosisinfo](http://www.cme.umn.edu/interpedshynosisinfo)

**Continuing Education Credit & ASCH Certification:** Approved for most health care providers. Certification by the American Society of Clinical Hypnosis (ASCH).

We look forward to meeting you in the Fall! Come join us: lots of fun & networking!

Pamela Kaiser, PhD, CPNP, CNS and Daniel P. Kohen, MD, ABMH  
Co-Founders and Co-Directors, NPHTI

## LAST CHANCE TO REGISTER

[www.nphti.com](http://www.nphti.com)

[Introductory Workshop](#) | [Intermediate Workshop](#)

Howard Hall, PhD, PsyD, BCB

Dr. Howard Hall holds two doctorate degrees in Psychology, a PhD in Experimental Psychology from Princeton University and a PsyD in Clinical Psychology from Rutgers University. He completed his internship at Rutgers Medical School and doctoral fellowships at Rutgers and Case Western Reserve University. Dr. Hall works in the area of integrative healing and also maintains a very successful clinical integrative practice employing hypnosis, biofeedback, and mind/body/holistic approaches to healing both at the Pennsylvania State University and at Case Medical Center, where he is currently an Associate Professor in the Department of Pediatrics and an attending doctor in the division of behavioral pediatrics at Rainbow Babies & Children's Hospital and University Hospitals of Cleveland. His current clinical focus has evolved into taking an integrative approach to treating complex pediatric referrals, when hypnosis or biofeedback alone is insufficient.

For the past two decades, Dr. Hall has conducted and published pioneering work in the mind/body area, such as the effects of hypnosis on immune responses. His current research is on Sufi (Islamic Mysticism/spirituality) Middle Eastern Paranormal Rapid Wound Healing Phenomena where he has widely published, traveled, and lectured. In 1998, he conducted original field research in Baghdad, Iraq. This work was later featured on the National Geographic Cable TV Channel. His latest field studies on Sufi Rapid wound healing were in Sulamniya, Iraq, 2010.



## "Sufism, Science, and Spiritual Healing"

**Howard Hall, PhD, PsyD, BCB**

Are we witnessing a paradigm shift in our understanding of the body, mind, healing, and the world we live in? Within this paradigm shift how do we account for unusual healing? Our time together will involve the presentation of data, models, and theories about usual healing, but by the end of the day a unified model will be offered that is consistent with the data, theory, and spirituality.

### LEARNING OBJECTIVES

Following this lecture the participants will be able to describe a scientific approach to unusual healing phenomena within the Sufi spiritual tradition. My systematic observations over the past decade will be described with laboratory and field studies along with DVD presentations.

1. How does Sufi rapid wound healing compare with other cross cultural healing phenomena from Brazil, India, and Native Americans?
2. Does this type of healing represent a hypnotic process?
3. What is the cultural and conceptual background for this healing work?
4. Stories to be explored.
  - a. How did I become interested in this area of research?
  - b. What was it like going to Baghdad during a war?
  - c. What is it like pushing an ice pick through my cheek?
  - d. Why was I not able on my first trip to pull a dagger out of a participant's skull, but on my last trip I pulled it right out?

### MSCH Members Only

Certificate of CME

at end of workshop (6 hours)

**Cost: \$80.00**

Registration is limited to space available

### WORKSHOP DATE

**OCTOBER 7, 2012**

Coffee & Registration

8:30-8:50 am

Workshop 9-4:30 PM

Register via PayPal at our website:

<http://www.msch.us/paypal/?productID=9922>

or by mail with the attached form

Lunch Provided

**LEARNER REGISTRATION DEADLINE**

**SEPTEMBER 28, 2012**

CARONDELET CENTER

1890 RANDOLPH AVENUE

ST. PAUL, MN 55105

651.696.2750

[www.carondeletcenter.org](http://www.carondeletcenter.org)

### Directions From I-94

Cretin Vandalia exit So. 2 miles to Randolph Ave. Turn left on Randolph. Pass last St. Catherine University entrance on right to the next drive. Turn right at the CSJ sign.

**From 35E:**  
Randolph exit West (left) 2 miles. Cross Fairview Ave and turn left at second drive.

### From Minneapolis-St Paul International Airport

**Terminal 1 & Terminal 2**  
494 East (turns into Highway 5). Take Edgumbe exit (first exit after crossing Mississippi River, veer to left when exit splits). Follow main road, which becomes Fairview. At Randolph, go West (left) to second drive.



NOTE: ALL MSCH Continuing Education Sessions are MEMBERS ONLY unless otherwise indicated.

## 2012-2013 Program in Continuing Hypnosis Education

### THEME: BACK TO BASICS - UTILIZATION

### Tailoring and Attunement to Create Individualized Interventions

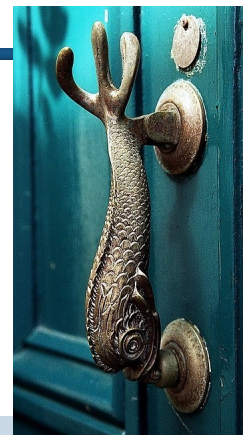
Date/Location	Focus/Title	Speaker
Saturday, Sept 15, 2012 8:30 am. – 12:00 N Carondelet Center	Learn How to Teach and Use EFT (The Emotional Freedom Technique) with Clients: An In Depth Training and Integration with Hypnotic Suggestions	Faculty: Christine Baldwin, PsyD LP
Thurs. September 20 to Sat. September 22, 2012 Crowne Plaza Hotel and Conference Center Mpls West (Plymouth)	Pediatric Hypnosis Workshops Introductory-Intermediate-Advanced <i>sponsored by NPHTI</i> <i>National Pediatric Hypnosis Training</i> <i>Institute</i> <i>MSCH &amp; UofMN Dept of Pediatrics</i>	Internationally and Nationally recognized Faculty ** NPHTI Small Group Training “FFF” on Wed. 9.19.12 – Wark/Kohen
Sunday, October 7, 2012 8:30 am - 4:30 pm Carondelet Center 1890 Randolph   St Paul	Annual Rosenthal Retreat Members Only “Sufism, Science, and Spiritual Healing”	Guest Faculty: Howard Hall, PhD, PsyD Case Western Reserve Medical School
October 10-14, 2012	SCEH 63 <sup>rd</sup> Annual Workshops & Scientific Program Toronto, Ontario, CANADA	Info: <a href="http://www.sceh.us">www.sceh.us</a>
October 17-21, 2012	19 <sup>th</sup> International Congress of Hypnosis BREMEN, GERMANY	Info: <a href="http://www.meg-rottweil.de/invitation/index.php">www.meg-rottweil.de/invitation/index.php</a>
Saturday, Nov. 10, 2012 8:30 am – 12:00 N Carondelet Center	Utilization - Treatment Design: How to Design Hypnotic Interventions Using Your Own and Your Client’s Unique Qualities	Faculty: Mark Weisberg, PhD and Suzanne Candell, PhD
Saturday, Jan. 12, 2013 8:30 am – 12:00 N Carondelet Center	Resistance: Creating A Force for Good for a Change	Faculty: David Alter PhD and Shep Myers, PhD
Thursday Eve, Feb 7, 2013 6:30 pm – 9:30 pm Carondelet Center	Utilization – Children and Adolescents: How do Experienced Clinicians Design and Implement Individualized Interventions with Young People?	Faculty: Andrew Barnes, MD Dan Kohen, MD Kate Pfaffinger, PhD
March 15-19, 2013 Louisville, KY	American Society of Clinical Hypnosis (ASCH) 55th Annual Scientific Meeting & Workshops	Info: <a href="http://www.asch.net">www.asch.net</a>
March 2013 Date to be Announced	Special Full Day Seminar “Working with Suffering: The Integration of Hypnosis and Mindful Awareness”	Faculty: Peggy Trezona, MS, RN, CS Kate Pfaffinger, PhD
Saturday, April 20, 2013	Special Workshop To be Announced	Faculty: To Be Announced
Thursday, June 6 – Saturday, June 8, 2013 Thurs eve, all day Fri/Sat	42 <sup>nd</sup> Annual MSCH/U of MN Introductory and Advanced Workshops in Clinical Hypnosis	Guest Faculty: Elvira Lang, M.D. Harvard Medical School





Click on this Facebook Logo  
and "Like" our Page

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## MSCH Members Available for Supervision Toward ASCH Certification

David Alter, PhD, LP, ABPP, ABPH	763-546-5797
Richard Duus, PhD	218-722-2055
Thomas Harbaugh PhD	651-484-4909
Wendy Lemke, MS	320-558-6037
Ralph McKinney, PhD	952-544-0433
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Mark Weisberg, PhD, ABPP	612-520-9159
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